



# THE SOULFLOW METHOD

An ultra-short intro by Søren Hauge

- **A healing-therapeutic practice**, facilitated by a guide, but also a practice that can be learned individually.
- **Psychospiritual transformation**, creating cooperation between the higher conscious, the conscious self and the subconscious to let a living wholeness emerge.
- **A guided process and a living dialogue in meditation**, bringing separated parts within the psyche, mind and consciousness together – all accomplished with deep appreciation, approaching the sub-personalities or conditions as living parts.

## A Method, an Art and a Way of Life

In its initial form developed by Gordon Davidson as a multidimensional psychology, it is closely related to the transpersonal psychotherapy known as psychosynthesis, created by Dr. Roberto Assagioli. It also has elements from integral psychology and holistic approaches such as Incarnational Spirituality. From its initial form it has been developed by Kenneth Sørensen and Søren Hauge in Denmark, known as The SoulFlow Method. It is used in client practice and more than 50 SoulFlow Guides have been educated since 2014.

### INTRO-SESSIONS WITH SØREN HAUGE

If you are interested in trying a SoulFlow session, Søren offers skype sessions

**As the session is introductory it is advised not to take up the deepest challenges** but instead to experience the SoulFlow Method by opening up to a new relationship with the subconscious and your sub-personalities. Any following sessions – if desired – may go into deeper aspects using the radical appreciative approach.

**TIME FRAME:** 60-70 minutes.

**CONTACT:** [sorenhauge@gmail.com](mailto:sorenhauge@gmail.com)

**SKYPE-ID:** Wingedmessenger (Søren Hauge)

**PRICE:** \$125 (USD). Sessions only made after received payment.

**PAYMENT:** Bank account: Merkurbank, International transfer: Swift: mekudk21 – IBAN: dk8684010001549049 (All transfer fees paid by client)